

Wear it Purple Day: Podcasts, TV shows & books to...



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Today is Wear It Purple Day – an annual day that strives to foster supportive, safe, empowering, and inclusive environments for rainbow young people. It started in response to young people taking their own lives after being bullied and harassed because of their sexuality or gender identity.

This day is a great opportunity to build our own understanding and encourage conversations around the issues and challenges facing LGBT+ youth, and the importance of supporting and giving young people space to figure out their identity.

An important first step is to listen and learn.

To get you started, below is Jasper's top recommendations for podcasts, films, books & TV series that explores the topics and experiences of people in the LGBT+ community, that can help each of us to learn more.

## Podcasts

- **[The Transgenda \(transgendapod.com\)](#)**. The funny, touching, and informative chronicle of Ana, a

transgender woman and Cam, her cisgender dad, as they grow together. **(English)**

- **Weona que creici podcast – Spotify**. A daily, spontaneous and open conversation, where the two friends venture into various and often controversial topics, share stories and experiences, as well as funny stories from their personal lives. The invitation of the hosts is to always include the visibility of diversity in all its forms, to deal with the experiences lived by the LGBTQ+ community. **(Spanish)**

## **TV and movies**

- **Disclosure: Trans Live on Screen**. Streaming on Netflix. Sam Feder's documentary film, Disclosure: Trans Lives on Screen, is an integral investigation into how cinema and pop culture has projected trans-ness mindlessly and insensitively to the masses over the decades. **(English)**
- **You can't ask that - Gay Men**. Episode on ABC Australia. In this episode, gay men re-examine the definition of masculinity, explore the ins-and-outs of sex between men, and talk about what it's like to find your place in a predominately straight world. **(English)**
- **Heartstopper (2022)**. Streaming on Netflix. Heartstopper is a British coming-of-age romantic comedy television series on Netflix, adapted from the webcomic and graphic novel of the same name by Alice Oseman. Written by Oseman herself, the series primarily tells the story of Charlie Spring (Joe Locke), a gay schoolboy who falls in love with classmate Nick Nelson (Kit Connor), whom he sits next to in his new form. **(English)**
- **A Fantastic Woman**. Streaming on Amazon Prime Video and Netflix (Academy Award winner - Oscar). A Fantastic Woman is a 2017 Spanish drama by filmmaker Sebastián Lelio that questions trans stereotypes, and gender norms. It portrays the stark reality of our world that sexualises transwomen and disregards their identity and human rights. **(Spanish)**
- **La Veneno (2020)**. Streaming on HBO Max, this story narrates the experiences of a struggling transsexual woman, who achieved fame with

television appearances in the 90s and conquered the audience with a unique vision of the world. Through his life, the LGBTIQ+ story in Spain is told from the 1960s to the present. **(Spanish)**

## Read

- **The Gender Wheel** (Best for ages 7-10). Looking for a way to discuss gender identity, gender presentation, and what gender even is with your little reader? Maya Gonzalez draws on queer and Indigenous scholarship for her framework and accompanies her text with vibrant and expansive pictures. **(English)**
- **A WRONG BODY** by Constanza Valdes. What do we understand by gender identity? What are the implications of the concept? How can we educate new generations to combat violence and discrimination? Why is it essential to have representatives of sexual diversity in public office? After a long process in Congress, in 2018 the gender identity law was approved in Chile, marking a milestone in the recognition and protection of the LGBTIQ+ community. Although there are advances at the civil level, mainly in the possibility of changing one's name and registered sex, activist Constanza Valdés warns that these are only the first steps in a long and necessary political and social transformation. This entertaining and enlightening essay is also an intimate testimony of the ins and outs of the struggle and, of course, a call to educate and build a more inclusive society in which no one feels in the wrong body. **(Spanish)**

## Other resources and support

- **Leader Toolkit**
- **BHP's LGBT+ inclusive language guide**
- **How to support LGBT+ youth**
- Join Jasper: Membership is open to all employees, whether they identify as LGBT+ or an ally. To find out more or join, please email [jasper@bhp.com](mailto:jasper@bhp.com)

If you or anyone you know is struggling, please seek professional help or contact BHP's LGBT+ friendly **Employee Assistance Program**, which provides free and confidential support services for BHP employees and their families. Our Jasper Leads are always available if you have

a question, need help, or would like someone to connect with locally. Email them in confidence at [jasper@bhp.com](mailto:jasper@bhp.com) or visit the [Jasper SharePoint](#) to connect with a lead in your region if you have access to the BHP system.